**University of Arkansas- Pine Bluff**

**Unplanned Pregnancy Prevention Activities/Plan**

**2023-2024**

1) Incorporate information on unplanned pregnancy prevention for students into student orientation activities.

\* Student Health Services (SHS) distributed welcome bags to incoming Freshman during Welcome Week.

Students will receive information on services provided, family planning flyer, a magnet with the different forms of birth-control methods, condoms, and a first aid kit.

\* Students receive Pregnant & Parenting information via Title IX during Fall orientation.

2) Integrate information recognized as medically accurate by the American Congress of Obstetricians and Gynecologists about the prevention of unplanned pregnancy into academic courses.

\* Information is covered in HLPE 1310 Personal Health & Safety. Study of correct living, including fundamental biological facts and aspects of human behavior as they affect individual health, conduct, and mental hygiene, agents of disease and modern scientific methods of controlling disease.

3) Identify opportunities to raise awareness and provide resources about the prevention of unplanned pregnancies across student population.

\* UAPB SHS has partnership with the local health department to set-up a satellite Women Health clinic on campus. Women Health services are provided on the 4th Thursday each month from 8:30 am- 3:00 pm. Our goal is to increase the days of services.

Services provided:

Women’s health services

Contraception methods and counseling

Pregnancy testing and counseling

STI testing and prevention planning

\* New Family Planning Posters are displayed in female residential halls, restrooms, and frequently visited area with a QR scan bar for easy appointment scheduling.

\* Visual Guides to Birth Control

Flip-chart display of variety of birth control options

LARC (Long-Acting Reversible Contraception) Flip-chart display with literature

\* SHS website with available resources and videos

4) Identify opportunities for your students to reach out to younger teens as mentors or role models of successful behaviors and healthy choices.

\* (HAPE) Health Awareness Peer Educators- A group of students at the University of Arkansas at Pine Bluff whose key focus is HIV/AIDS education. They communicate with their peers about health concerns and help support students in making smart choices when it comes to sex and birth control.

HAPE partnerships with the local health department, Jefferson Comprehensive Care Inc. to host annual World AIDS Day events, inviting local High School to attend. Information on HIV prevention, STI screening and prevention information, and condoms are distributed.

HAPE members are available to assists with mentoring students attending the Upward Bound and Lion’s program.

5) Identify private or federal grants available to address the prevention of unplanned pregnancy and promote student success, including any partnership necessary to compete for such grants.

\* This is an area that needs to be analyze.

6) Collaborate with the Department of Health or federally qualified health centers to promote access to care.

\* We currently collaborate with the local health department to provide Women’s Health Services to our students, Flu clinic, STI & HIV screening, and immunization.

\* Nurse-Family Partnership program via our local health department provides free home visits/services to first time moms.

\* ACCESS- Teen Pregnancy and Prevention Resource Agency .

7) Identify childcare, transportation, financial aid and other challenges specific to existing single parents.

UAPB understands the biggest challenge facing single parents in college is finances. They not only have to survive with one income but also have to split it between taking care of their child, themselves and taking care of their academic financial needs.

Resources available:

\* Arkansas Single Parent Scholarship Fund

\* UAPB Childcare Center (18 months-5 years)

\* ACCESS

8) Identify a method to measure effectiveness of your unplanned pregnancy prevention activities.

UAPB SHS has implemented a plan to track the success of our Family Planning Program by utilizing a QR scanning system.

\* Student will scan a bar code to take a pre-assessment survey before a Family Planning appointment is scheduled. The survey will assess the student Family Planning knowledge or lack of knowledge.

After the initial appointment, student will scan a bar code to take a post-assessment survey. This survey will determine the effectiveness of the teaching module.

Our plan is to follow-up with student two to four years later to determine the effectiveness of the program.

9) Identify other topics or issues relating to the prevention and reduction of unplanned pregnancies among older teens.

\* The information collected from the Family Planning pre- and post-assessment surveys will help facilitate any needed changes in our Family Planning teaching module.